



Cooperative Extension Service

Shelby County
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September 6, 2024

To: Shelby County Extension Homemaker Members



From: Elizabeth Coots
County Agent for Family & Consumer Sciences

Canning Workshops, September 12 @ 6 – 8 p.m.

Interested in learning how to safely home can? Or interested in honing your skill and brushing up on best practices? Join us for one of the informational sessions to learn the basics of home canning. Learn the methods of boiling water canning, pressure canning, and which canner to use based on the food type and see a demonstration of the pressure canner in action. Contact the Extension Office to register.

AARP Smart Driver Course, October 3, 12-4 p.m.

Take the AARP Smart Driver classroom course and you could save on your car insurance! Refresh your driving skills and knowledge of the rules of the road. Learn techniques for handling left turns, rights-of-way, and roundabouts. Discover proven driving methods to help keep you and your loved ones safe on the road. Please bring your payment with you on the day of the class to give directly to the instructors. Contact the Extension Office to register.
Cost: \$20 for AARP Members, \$25 for non-members

AARP Foundation Free Tax Aid – Looking for Volunteers

AARP provides a service offering free tax preparation help to those in need here locally, which is a great service. Currently, only one of their volunteers is from Shelby County, and they are looking for more local volunteers to help. If you are interested, please call 1-888-AARP-NOW or visit at aarpfoundation.org/taxaidevolunteer

Homemaker Week, October 13 – 19, 2024

Classes have been set for our annual homemaker week celebration! See the enclosed flyer for details. Thanks to our volunteers who are teaching classes – Jen Denny, Iris Brown, Skye Drane, Carla Roper, Judy White, Sarah Thornberry, Linda Sanford, Elizabeth Coots, and Tammy Bitzer – we couldn't offer so many great classes without you! Current homemaker

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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members can register now. Non-members are welcome to register starting September 16. Registration (including payment, which holds your spot) is due October 7 for all classes.

Ovarian Cancer Screening Appointments: October 16, November 6, 10:00 a.m.
(We will be leaving the Extension Office at 8:30 a.m.)

If you didn't know, the University of Kentucky Markey Cancer Center has a FREE Ovarian Cancer Screening Research program. To be eligible for the free screening, you must have one or both ovaries and be over the age of 50 (or over the age of 25 if you have a documented family history of ovarian cancer). The UK screening program is always free and open to anyone who meets the eligibility requirements.

If you would like to ride together in the Extension van for one of these scheduled dates, please contact the Extension Office to sign up (you do not need to call UK – we have reserved the appointments for our group). The opportunity to ride together in the Extension van is only open to homemaker members. Space is limited. If you would like to attend and want to drive yourself separately, please make an appointment on your own at a separate time.

Shelby County Extension Open House, October 28, 3-6 p.m.

The Extension Office will be hosting an open house, and we need homemaker help! We will be setting up a table/display to showcase what homemakers are all about, including our events, programs, and activities. If you are willing to help by sitting at the table and talking to people during the open house, please let us know.

KEHA News & Notes

Below is information from the state level of the Kentucky Extension Homemakers Association.

Save the Date for 2025 State Meeting

Next year's KEHA State Meeting will take place May 6-8, 2025, at Hyatt Regency Lexington. Watch for details coming soon!

Shelby County Homemaker Dates

September

10	Leader Lesson Seminar, 10 a.m.-2 p.m. (pre-registration was required)
10	Hempridge Club, 10 a.m.
11	Bunco, 10 a.m.
12	Plate It Up! Cooking Club, 10 a.m.
12	Line Dancing Club, 4 p.m. – 6 p.m.
12	Canning Workshop, 6 p.m. - 8 p.m.
17	Sewing with Linda Club, 8:30 a.m. – 4 p.m.
18	Social Crafters Club, 9 a.m. – 4 p.m.
23	Cover Lovers Club, 10 a.m.
24	Bingo Club, 1 p.m.
25	Book Club, 10 a.m.
26	Lunch Bunch, 11:30 a.m.

October

1	Sewing Circle, 1-8 p.m.
3	Give Back Gals
3	AARP Safe Driver Course, 12 – 4 p.m.
8	Hempridge Club, 10 a.m.
9	Bunco, 10 a.m.
10	Plate It Up! Cooking Club, 10 a.m.
10	Line Dancing Club, 4 p.m. – 6 p.m.
13-19	Homemaker Week Activities (see enclosed flyer)
15	Sewing with Linda Club, 8:30 a.m. – 4 p.m.
16	Social Crafters Club, 9 a.m. – 4 p.m.
16	Ovarian Cancer Screening Appointments (Registration Required)
28	Extension Office Open House, 3 p.m. – 6 p.m.

Milestone Quilters – 1st & 3rd Tuesday of the month
Fun Loving Fillies – TBD

Homemaker Yearbooks are available after you pay your dues. Dues are \$8 and should be paid by November 15. An enrollment form must be submitted with your dues, even if you are re-enrolling. If you have already enrolled/re-enrolled, please stop by the office to pick up your new yearbook. Please note that homemaker yearbooks will not be mailed this year due to the postage cost of doing so.



** New Clubs Spotlight **

Shelby County Extension Homemaker

Line Dancing Club

Starts September 12, 2024
2nd Thursday of every month
4:00 - 6:00 p.m.

\$3 per person per session (bring to the meeting)

Learn beginning line dancing while having fun being physically active!

Please RSVP: 502-633-4593

Shelby County Extension Homemaker

Garden Club

Starts Monday, December 16, 2024

10 a.m.

Will meet the
3rd Monday of
each month.



Come join other gardening enthusiasts to gather, learn, and have fun together! At this first meeting, the group will help to decide topics, speakers, field trips, and activities for the club. You don't even have to have a green thumb to attend!

**PLEASE
RSVP**



Shelby County Extension Homemaker

Social Crafters Club



**Begins Wednesday, September 18, 2024
Drop-in from 9 a.m. - 4 p.m.**



Join other crafters to gather, learn, and have fun together! Bring your own crafting project to work on with others (scrapbooking, crocheting, drawing, etc.). Come at any time and stay for as long as you'd like (bring your own lunch).

Have craft supplies you want to share? Bring to the **craft swap box**, and take home something someone brought.

Will meet the 3rd Wednesday of each month.